



LUNCH MENU 2022

WEEKS 1 - 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 JUNE 27 - JULY 1	JUNE 27	JUNE 28	JUNE 29	JUNE 30	JULY 1
	PIZZA DAY Pizza Bagels with Broccoli	NUGGET DAY Chicken Nuggets with Mashed Potatoes & Carrots	CAMP FAVORITE Baked Ziti with Cucumber, Tomato, Lettuce & Garlic Bread	ULTIMATE BBQ Hot Dogs, Hamburgers & Veggie Burgers with Tater Tots & Corn	BREAKFAST FOR LUNCH French Toast with Yogurt
WEEK 2 JULY 4 - JULY 8	JULY 4	JULY 5	JULY 6	JULY 7	JULY 8
	NO CAMP	TEX MEX DAY Tacos with Rice, Corn & Shredded Lettuce	MAC & CHEESE Mac & Cheese with Lettuce, Tomato & Cucumber	NUGGET DAY Chicken Nuggets with Knish & Carrots	BREAKFAST FOR LUNCH Pancakes with Yogurt
WEEK 3 JULY 11 - JULY 15	JULY 11	JULY 12	JULY 13	JULY 14	JULY 15
	PIZZA DAY Pizza Bagels with Broccoli	ULTIMATE BBQ Hot Dogs, Hamburgers & Veggie Burgers with Tater Tots & Corn	PASTA DAY Pasta & Meat Sauce with Cucumber, Tomato, Lettuce & Garlic Bread	GRILLED CHICKEN Grilled Chicken with Orzo & Carrots	BREAKFAST FOR LUNCH French Toast with Yogurt
WEEK 4 JULY 18 - JULY 22	JULY 18	JULY 19	JULY 20	JULY 21	JULY 22
	THE DELI COUNTER Cold Cuts (Turkey & Salami) with Cucumber, Tomato, Lettuce & Chips	TEX MEX DAY Tacos with Rice, Corn & Shredded Lettuce	MAC & CHEESE Mac & Cheese with Lettuce, Tomato & Cucumber	CHICKEN FINGERS Chicken Fingers with Knish & Carrots	THE BAGEL BIN Bagels, Butter, Cream Cheese Yogurt with Cucumber, Peppers, Baby Corn

Available Daily:

EVERYDAY: Plain pasta, Tuna, Soy Nut Butter

DAILY SALAD BAR: Mixed Greens, Cucumbers, Tomatoes, Baby Corn, Hard Boiled Eggs, Red & Green Peppers

DRESSING: Ranch, Italian, Russian, French & Caesar





LUNCH MENU 2022

WEEKS 5 - 8

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 5 JULY 25 - JULY 29	JULY 25 PIZZA DAY Pizza Bagels with Broccoli	JULY 26 NUGGET DAY Chicken Nuggets with Mashed Potatoes & Carrots	JULY 27 CAMP FAVORITE Baked Ziti with Cucumber, Tomato, Lettuce & Garlic Bread	JULY 28 ULTIMATE BBQ Hot Dogs, Hamburgers & Veggie Burgers with Tater Tots & Corn	JULY 29 GRILLED CHEESE Grilled Cheese with Peppers, Baby Corn and Chips
	AUGUST 1 THE DELI COUNTER Cold Cuts (Turkey & Salami) with Tomato, Lettuce & Chips	AUGUST 2 TEX MEX DAY Tacos with Rice, Corn & Shredded Lettuce	AUGUST 3 MAC & CHEESE Mac & Cheese with Lettuce, Tomato & Cucumber	AUGUST 4 NUGGET DAY Chicken Nuggets with Knish & Carrots	AUGUST 5 THE BAGEL BIN Bagels, Butter, Cream Cheese Yogurt with Cucumber, Peppers, Baby Corn
WEEK 6 AUGUST 1 - AUGUST 5	AUGUST 8 PIZZA DAY Pizza Bagels with Broccoli	AUGUST 9 ULTIMATE BBQ Hot Dogs, Hamburgers & Veggie Burgers with Tater Tots & Corn	AUGUST 10 PASTA DAY Pasta & Meat Sauce with Cucumber, Tomato, Lettuce & Garlic Bread	AUGUST 11 GRILLED CHICKEN Grilled Chicken with Orzo & Carrots	AUGUST 12 GRILLED CHEESE Grilled Cheese with Peppers, Baby Corn and Chips
	AUGUST 15 THE DELI COUNTER Cold Cuts (Turkey & Salami) with Cucumber, Tomato, Lettuce & Chips	AUGUST 16 TEX MEX DAY Tacos with Rice, Corn & Shredded Lettuce	AUGUST 17 MAC & CHEESE Mac & Cheese with Broccoli	AUGUST 18 CHICKEN FINGERS Chicken Fingers with Knish & Carrots	AUGUST 19 THE BAGEL BIN Bagels, Butter, Cream Cheese Yogurt with Cucumber, Peppers, Baby Corn
WEEK 7 AUGUST 8 - AUGUST 12	AUGUST 15 THE DELI COUNTER Cold Cuts (Turkey & Salami) with Cucumber, Tomato, Lettuce & Chips	AUGUST 16 TEX MEX DAY Tacos with Rice, Corn & Shredded Lettuce	AUGUST 17 MAC & CHEESE Mac & Cheese with Broccoli	AUGUST 18 CHICKEN FINGERS Chicken Fingers with Knish & Carrots	AUGUST 19 THE BAGEL BIN Bagels, Butter, Cream Cheese Yogurt with Cucumber, Peppers, Baby Corn
	AUGUST 15 THE DELI COUNTER Cold Cuts (Turkey & Salami) with Cucumber, Tomato, Lettuce & Chips	AUGUST 16 TEX MEX DAY Tacos with Rice, Corn & Shredded Lettuce	AUGUST 17 MAC & CHEESE Mac & Cheese with Broccoli	AUGUST 18 CHICKEN FINGERS Chicken Fingers with Knish & Carrots	AUGUST 19 THE BAGEL BIN Bagels, Butter, Cream Cheese Yogurt with Cucumber, Peppers, Baby Corn
WEEK 8 AUGUST 15 - AUGUST 19	AUGUST 15 THE DELI COUNTER Cold Cuts (Turkey & Salami) with Cucumber, Tomato, Lettuce & Chips	AUGUST 16 TEX MEX DAY Tacos with Rice, Corn & Shredded Lettuce	AUGUST 17 MAC & CHEESE Mac & Cheese with Broccoli	AUGUST 18 CHICKEN FINGERS Chicken Fingers with Knish & Carrots	AUGUST 19 THE BAGEL BIN Bagels, Butter, Cream Cheese Yogurt with Cucumber, Peppers, Baby Corn
	AUGUST 15 THE DELI COUNTER Cold Cuts (Turkey & Salami) with Cucumber, Tomato, Lettuce & Chips	AUGUST 16 TEX MEX DAY Tacos with Rice, Corn & Shredded Lettuce	AUGUST 17 MAC & CHEESE Mac & Cheese with Broccoli	AUGUST 18 CHICKEN FINGERS Chicken Fingers with Knish & Carrots	AUGUST 19 THE BAGEL BIN Bagels, Butter, Cream Cheese Yogurt with Cucumber, Peppers, Baby Corn

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