

2016-2017

JCC Rockland Basketball

FINAL Game Rules:

Kindergarten, 1st Boys and Girls

and

2nd Grade Boys

1. The Home team is listed second on the schedule and wears white, and is responsible for game set up, clean up, time clock, scorebook, and game ball.
2. The game will begin with the visiting team's possession. The alternative possession rule will occur following the visiting team's possession.
3. The basket height will be eight feet for kindergarten, nine feet for 1st and 2nd grade..
4. The basketball will be youth size.
5. The clock will run continuously except for a team timeout.
6. All games will be six, 5-minute periods and timed by one of the bench coaches or designated adult timer. There is no overtime.
7. Each team has four timeouts/game, each one-minute in duration.
8. There is no double-teaming except for inadvertent double teaming as a player drives to the basket.
9. No stealing the ball off the dribble, only off of the pass. Defenders may not attempt to swat or grab the ball from an offensive player who is in control of the ball.
10. Defending an opponent can only occur within the defensive three point area.
11. There is no three-second violation.
12. Ten seconds of standing still, holding the ball is a turnover.

13. Traveling violations will be tolerated, with the exception of running with the ball. "Ref" should instruct the player to dribble.
14. No team fouls or personal fouls are kept. However, if a player is consistently aggressive, this should be addressed by the coach. No foul shots are taken.
15. Man-to-man defense, no Zone. No defender should have their arms around a player when guarding them so they're unable to move.
16. A maximum of two coaches from the same team will be allowed on the team sideline during the game. One timekeeper may also be on the sideline.
17. All out of bounds calls will be made.
18. No scoring is kept during the game and coaches must not discuss who wins or loses. Therefore, no team wins or loses.
19. Each team should start with a minimum of five players available. However, if one team only has four players available, then each team should start the game with four versus four. If a fifth player arrives for both teams, then it will be five vs. five. No game can be played with only 3 players available on a team.
20. It is mandatory that all of the children play about the same amount of time during the game (unless injury or problem has occurred).
21. If a player is injured and a coach or assistant comes onto the court to help... the player MAY stay in the game without requiring him to come off the court until the next allowable substitution.
22. If a player is injured and removed from the game, that period counts in full, toward their minimum play time requirement.
23. After the game, both teams and coaches will line up and shake hands. SPORTSMANSHIP throughout the season is the only way to play!
24. Coaches may not cancel games without approval from the league.
 - ALL PLAYERS MUST REMAIN ON THE SIDELINE DURING THE GAME (EXCEPT FOR EMERGENCIES AND THE BATHROOM)
 - ABSOLUTELY NO FOOD IS TO BE BROUGHT INTO THE GYM
 - ALL T-SHIRTS WORN UNDER A UNIFORM MUST BE ABOUT THE "SAME" COLOR AS THE UNIFORM
 - NO JEWELRY OR HARD HAIR ORNAMENTS MAY BE WORN DURING THE GAME
25. Coaches must arrive to their game 15 minutes prior to the start time.
If there is continued lateness you are subject to removal from the league.
26. Coaches must wear their provided coach's shirts to each game.

27. If a coach or player is ejected from a game (no matter what the reason) they are automatically suspended for the following game. Depending on the severity of the ejection they will be subject to further suspension. The Basketball Committee will meet to discuss if further action is necessary.
28. Only two coaches are allowed on the sideline.

Coaches are expected to conduct themselves in an appropriate manner towards, parents, officials, players, other coaches, volunteers and representatives of JCC Rockland. Coaches are expected to exercise good sportsmanship at all times and must adhere to the game rules and the policies set forth by the league. JCC Rockland reserves the right to suspend or remove a coach for any action that they deem to be improper or unsuitable for the JCC Rockland Youth Winter Basketball League. This includes situations that take place before, during and after a practice or a game. Coaches do not necessarily have to be ejected from a game to suffer suspension or removal.