

**Respect** means to honor and show consideration and value to people, property, the environment, and oneself. It means to treat others well even if they look, act, or behave differently than you do.

# **BUS ETIQUETTE:**

A lot of time in J-Teens is spent on the bus. This time is right for listening to music, taking a nap and talking with friends. While the bus is moving, all campers must remain seated with no more than two in a seat. Campers must follow all safety rules on the bus, including listening to staff, listening to the bus driver, keeping hands and feet in front of them, and out of the aisles, and using inside voices. There are snacks and water available to campers on the bus, and campers are welcome to bring their own nut free snacks on the bus, but they must clean up after themselves. If wrappers and crumbs and other garbage are left on the bus, then we may lose the privilege of eating on the bus.

#### **TRIP ETIQUETTE:**

While on trips, we are representatives of the JCC. Campers are expected to listen to their counselors and follow the rules of each place that we visit. Campers are never to wander off on their own and always need to be under the supervision of their counselor. We do our best to mix up the groups as much as we can every day so that all campers can be with their friends and also have the opportunity to make new friends on every trip. If for some reason you are put in a group that you were unhappy with please make sure to speak up and let the staff know so that we can do what we can to move you into a better group. If you were ever unsure of rules, always ask your counselor. We want you to have the best possible summer you can, but first and foremost we want you to be safe.

# **CELL PHONE POLICY:**

Campers are not required to have a cell phone, but we understand that many of you do. While we are on the JCC campus, cell phones may only be used during morning and afternoon carlines. Any other use of cell phones is not permitted. Cell phones may be used on the bus and when appropriate on trips. Cell phones may not be used to cause harm to any other campers or staff. This includes but is not limited to cyber bullying, taking pictures of others without permission, and speaking negatively about others over text or on social media. If this policy is violated, the allowance of cell phone use will be restricted.



### **MORNING CARLINE:**

In the mornings, J-Teens are dropped off in the front of the building separate from the Discover STEM and J-Land carline. If your J-Teen has siblings in a different camp, then those siblings should be dropped off in the front of the building. Our carline will start each morning at 8:45. If you arrive prior to 8:45 you will be asked to park your car in a parking space and rejoin the carline once we begin accepting campers. Campers will not be permitted to get out of the car prior to 8:45 AM unless they are enrolled in Early Care. If your camper is enrolled in Early Care, they will enter through the front of the building and check in at the sign in desk. Campers that are dropped off at the carline will get out of the car and check in at the stage with the J-Teens staff. Siblings will be escorted down to J-Land/Discover/STEM carline and will check in with their groups there.

# **AFTERNOON CARLINE:**

Afternoon carline will also take place in the front of the building. Will begin at about 3:30 PM and will end at 4:15 PM. At this time, any campers who remain on campus will be checked into Late Care for an additional fee. If your J-Teen has a sibling in another camp, that sibling should also be picked up in the front of the building on our car line. If your camper is a part of a carpool with children who are not their siblings please let the Camp Office know so that we can make sure all the carpools are on the correct carline. There will be a staff person assigned to collect and supervise all J-Teen siblings in the afternoon. On days that we have a late return to the JCC, all siblings should be picked up in the back carline and there will be no afternoon carline in the front of the building. On late return days, you will receive an email with the exact ETA of the buses. If you make it to the JCC before the bus, you will be asked to park your car and wait in a parking spot. On late return days, campers must check out with their counselor before getting into the car.

#### **LUNCH:**

Lunch is different on every trip. On days when it is noted to send a packed lunch and drink, please make sure all food is peanut and tree nut free. On days when lunch is provided, the lunch will be kosher style, but may not be kosher. All snacks that we have on the bus are kosher and anything we eat while on the JCC campus (snacks and ice cream) will be kosher as well. If your child has any food or dietary restrictions, please make sure that it is noted in their Camper Application & Health History. If you are unsure whether I am aware of a certain dietary restriction, please make sure to send Rachel an email so that we can make sure there is a food option for them on all trips that provide lunch. There are some trips which say to send a packed lunch or lunch money. For these trips, we will be somewhere which has several food options for campers to buy lunch. It is up to the camper to keep track of their own money, but staff will be able to help campers find food that they like. All campers must eat lunch on every trip, if campers are not eating for some reason, then it will be addressed with their parents and camp leadership.



#### **MEDICATIONS:**

Campers are not permitted to carry their own medication for any reason. All medication which needs to travel with your camper must be turned in and approved by the Camp Nurse. A staff person trained in medication administration will be traveling on every trip and will hold all medication at all times. Medication which is needed every day will be checked out of the nurses office each morning and back in each afternoon. Medication which is only needed for overnights should be turned into the nurses office prior to the overnight trip with specific instructions detailing when and how the medication should be administered. If you turn in any medication to the nurses office, please make sure to email Rachel so that we can be absolutely sure that the medication is traveling with us.

#### **OVERNIGHTS:**

On overnight trips we will do our best to make sure you are only rooming with campers who you were comfortable sharing a space with. There will be a specific time on each trip when we designate lights out. At that time, you will no longer be permitted to leave your rooms unless it is an emergency. Campers are required to eat during every meal.

#### **FRIEND REQUESTS:**

All campers are entitled to friend requests, and these requests may change throughout the summer. Campers are welcome to come to any staff at any time with new friend requests. If you are requesting not to be with another camper, please make sure that you only speak to counselors and not to other campers about your request. We understand that not everyone gets along with each other but we all need to treat each other with respect. We do not all have to be friends, but we need to have respect for each other's feelings. Parents are also welcome to email me with friend requests throughout the summer as new friendships are formed and requests are honored to the best of our ability. On most trips, the whole group will be together so their assigned groups are just for attendance purposes. Campers will know in advance if on a particular trip they need to remain with their group at all times.

#### **SHIRTS:**

All J-Teens are expected to wear their camp shirts on all trips unless otherwise stated.