



LUNCH MENU

2023 WEEKS 1-4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 JUNE 27 - JULY 3	AVAILABLE DAILY: Plain Pasta, Tuna, Wow Butter, Jelly, Salad Bar with Mixed Greens, Cucumbers, Tomatoes, Baby Corn, Peppers, Ranch, Italian, Russian and Caesar Dressings.			JUNE 27 NUGGET DAY Chicken Nuggets with Knish & Carrots	JUNE 28 CAMP FAVORITE Baked Ziti with Garlic Bread Cucumber, Tomato & Lettuce
	JULY 1	JULY 2	JULY 3	JULY 4	JULY 5
	PIZZA DAY Pizza Bagels and Broccoli	MEATBALL HERO Meatball Hero and Green beans	ULTIMATE BBQ Hamburgers, Hot Dogs, Veggie Burgers with Tater Tots & Corn	NO CAMP	NO CAMP
WEEK 2 JULY 8 - JULY 12	JULY 8	JULY 9	JULY 10	JULY 11	JULY 12
	THE DELI COUNTER Cold Cuts (Turkey & Salami) with Chips, Cucumber, Tomato, and Lettuce	TEX MEX DAY Tacos with Rice, Corn, and Shredded Lettuce	BREAKFAST FOR LUNCH Pancakes, Yogurt, and Tater Tots	CHICKEN SANDWICH Breaded Chicken Sandwich with Chips and Carrots	CAMP FAVORITE Baked Ziti with, Garlic Bread, Cucumber, Tomato & Lettuce
WEEK 3 JULY 15 - JULY 19	JULY 15	JULY 16	JULY 17	JULY 18	JULY 19
	PIZZA DAY Pizza Wheels and Broccoli	MEATBALL HERO Meatball hero and Green beans	BREAKFAST FOR LUNCH French Toast, Yogurt, and Tater Tots	GRILLED CHICKEN Grilled Chicken, Orzo, and Carrots	MAC & CHEESE Mac & Cheese with Lettuce, Tomato, Cucumber & Chips
WEEK 4 JULY 22 - JULY 26	JULY 22	JULY 23	JULY 24	JULY 25	JULY 26
	THE DELI COUNTER Cold Cuts (Turkey & Salami) with Chips, Cucumber, Tomato, and Lettuce	ULTIMATE BBQ Hamburgers, Hot Dogs, Veggie Burgers, Tater Tots, and Corn	THE BAGEL BIN Bagels with Butter, & Cream Cheese, Yogurt, Cucumbers, Baby Corn, and Peppers	NUGGET DAY Chicken Nuggets, Knish, and Carrots	CAMP FAVORITE Baked Ziti with Garlic Bread, Cucumber, Tomato, and Lettuce



LUNCH MENU

2023 WEEKS 5-8

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 5 JULY 29 - AUG 2	JULY 29	JULY 30	JULY 31	AUGUST 1	AUGUST 2
	PIZZA DAY Pizza Wheels, and Broccoli	GRILLED CHICKEN Grilled Chicken, Orzo, and Carrots	BREAKFAST FOR LUNCH Pancakes, Yogurt, and Tater Tots	NUGGET DAY Chicken Nuggets with Knish & Carrots	MAC & CHEESE Mac & Cheese with Lettuce, Tomato, Cucumber & Chips
WEEK 6 AUG 5 - AUG 9	AUGUST 5	AUGUST 6	AUGUST 7	AUGUST 8	AUGUST 9
	SPAGHETTI & MEATBALLS Spaghetti & Meatballs with Garlic Bread, Cucumber, Lettuce, and Tomato	CHICKEN SANDWICH Breaded Chicken Sandwich, Chips, and Carrots	THE BAGEL BIN Bagels with Butter, & Cream Cheese, Yogurt, Cucumbers, Baby Corn, and Peppers	GRILLED CHEESE Grilled Cheese Sandwich, Chips, and Baby Corn	CAMP FAVORITE Baked Ziti with Garlic Bread, Cucumber, Tomato & Lettuce
WEEK 7 AUG 12 - AUG 16	AUGUST 12	AUGUST 13	AUGUST 14	AUGUST 15	AUGUST 16
	PIZZA DAY Pizza Bagels and Broccoli	MEATBALL HERO Meatball Hero and Green beans	GRILLED CHEESE Grilled Cheese Sandwich, Chips, and Baby Corn	NUGGET DAY Chicken Nuggets with Mashed Potatoes, & Carrots	MAC & CHEESE Mac & Cheese with Lettuce, Tomato, Cucumber & Chips
WEEK 8 AUG 19 - AUG 23	AUGUST 19	AUGUST 20	AUGUST 21	AUGUST 22	AUGUST 23
	THE DELI COUNTER Cold Cuts (Turkey & Salami) with Cucumber, Tomato, Lettuce & Chips	SPAGHETTI & MEATBALLS Spaghetti & Meatballs with Garlic Bread, Cucumber, Lettuce, and Tomato	THE BAGEL BIN Bagels with Butter, & Cream Cheese, Yogurt, Cucumbers, Baby Corn, and Peppers	GRILLED CHICKEN Grilled Chicken, Orzo, and Carrots	CAMP FAVORITE Baked Ziti with Garlic Bread, Cucumber, Tomato & Lettuce

AVAILABLE DAILY:

Plain Pasta, Tuna, Wow Butter, Jelly, Salad Bar with Mixed Greens, Cucumbers, Tomatoes, Baby Corn, Peppers, Ranch, Italian, Russian and Caesar Dressings.

