

JCC ROCKLAND JUNE/JULY 2024

THEME **MONDAY THURSDAY FRIDAY** TUESDAY 6/27 6/28 Stars & Stripes Make a New Week 1 Counselor/Camper Friend Day (K-2) Challenge GREAT 7/3 7/1 7/2 7/4 7/5 **AMERICAN FAIR WEEK ○Joe Fischer** ○ Take Me Out To ○ Red White & NO NO Magic **Blue Dress Up** The Ballgame **CAMP** CAMP Day & Parade 7/8 7/9 7/11 7/12 7/10 Week 2 Red Day Orange/Yellow **○Green Day Dress OPurple Day** Blue Day CRAZY Day **Up Day** Paint a Counselor **OBanner Day** Art Connects COLOR **○Bubble Bus (K-2) ○Camp Tile Project Parade** (3-5)Campers (K-2) WEEK **○Color Run ○Slushie Day** ○Foam Party (3-5) 7/15 7/16 7/17 7/19 7/18 Week 3 **Fear Factor Fun** Powerhouse **○Costume-Palooza** Surprise & Silly **ANYTHING ○Watermelon** (3-5)**Studios: Twisted Dress Up Day** (K-2)Fiestaville **GOES WEEK Sports Show** 7/26 7/22 7/23 7/24 7/25 Week 4 OCamp Cheer Off **OKick Off Camp** ○ Touch a Truck (K-2) **○Superhero ○**Camp **SUPER-Kindness Week Dress Up Day** Community ○ Hollyrock **HEROES Project Entertainment** Camp Carnival **ASSEMBLE** (3-5)



LUNCH MENU 2024 WEEKS 1-4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				JUNE 27	JUNE 28
WEEK 1 JUNE 27 - JULY 3		utter, Jelly, Salad Bar with Mix opers, Ranch, Italian, Russian a	NUGGET DAY Chicken Nuggets with Knish & Carrots	CAMP FAVORITE Baked Ziti with Garlic Bread Cucumber, Tomato & Lettuce	
	JULY 1	JULY 2	JULY 3	JULY 4	JULY 5
	PIZZA DAY Pizza Bagels and Broccoli	MEATBALL HERO Meatball Hero and Green beans	ULTIMATE BBQ Hamburgers, Hot Dogs, Veggie Burgers with Tater Tots & Corn	NO CAMP	NO CAMP
2 1 1 2	JULY 8	JULY 9	JULY 10	JULY 11	JULY 12
WEEK >	THE DELI COUNTER Cold Cuts (Turkey & Salami) with Chips, Cucumber, Tomato, and Lettuce	TEX MEX DAY Tacos with Rice, Corn, and Shredded Lettuce	BREAKFAST FOR LUNCH Pancakes, Yogurt, and Tater Tots	CHICKEN SANDWICH Breaded Chicken Sandwich with Chips and Carrots	CAMP FAVORITE Baked Ziti with, Garlic Bread, Cucumber, Tomato & Lettuce
WEEK 3 JULY 15 - JULY 19	JULY 15	JULY 16	JULY 17	JULY 18	JULY 19
	PIZZA DAY Pizza Wheels and Broccoli	MEATBALL HERO Meatball hero and Green beans	BREAKFAST FOR LUNCH French Toast, Yogurt, and Tater Tots	GRILLED CHICKEN Grilled Chicken, Orzo, and Carrots	MAC & CHEESE Mac & Cheese with Lettuce, Tomato, Cucumber & Chips
WEEK 4 JULY 22 - JULY 26	JULY 22	JULY 23	JULY 24	JULY 25	JULY 26
	THE DELI COUNTER Cold Cuts (Turkey & Salami) with Chips, Cucumber, Tomato, and Lettuce	ULTIMATE BBQ Hamburgers, Hot Dogs, Veggie Burgers, Tater Tots, and Corn	THE BAGEL BIN Bagels with Butter, & Cream Cheese, Yogurt, Cucumbers, Baby Corn, and Peppers	NUGGET DAY Chicken Nuggets, Knish, and Carrots	CAMP FAVORITE Baked Ziti with Garlic Bread Cucumber, Tomato & Lettuce



JULY/AUGUST 2024

THEME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 5 CAMP ROCK	7/29 Ice Cream Cone Day Karaoke Kraze (3-5)	7/30 • Mr. Kurt (K-2) • Silent Disco (3-5)	7/31 Rockstar & Concert T-Shirt Dress Up Day Ultimate Name That Tune Challenge	8/1 Splash Bash Pool Party Birthday Party (K-2)	8/2 Break A Camp Record
Week 6 ANOTHER WEEK IN PARADISE	8/5 • Golden Shovel Competition (3-5)	8/6Hawaiian LuauBikini Bottom Visit	8/7 • Rocky Dress Up Day • S'Mores Bar	8/8National Happiness Happens Day (K-2)	8/9 Counselor/ Camper Challenge
Week 7 BARNYARD -PALOOZA	8/12 • Farm Fun	8/13 • Reptile Show (K-5)	8/14 Plaid, Denim and Flannel Dress Up Day JCC Rockland Camps Hoedown	8/15 OAnimal Interactions	8/16 Counselor/ Camper Challenge
Week 8 GREATEST HITS	8/19 The Final Countdown Memory Box Scavenger Hunt (3-5)	8/20 • Powerhouse Studios (K-5)	8/21 OSchool Spirit Dress Up Day Rocky's Birthday	8/22 Make a Memory Box (K-2)	8/23 • Closing Ceremony



JCC ROCKLAND LUNCH MICAMPS WEEKS 5-8 **LUNCH MENU 2024**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
N	JULY 29	JULY 30	JULY 31	AUGUST 1	AUGUST 2
WEEK 5	PIZZA DAY Pizza Wheels, and Broccoli	GRILLED CHICKEN Grilled Chicken, Orzo and Carrots	BREAKFAST FOR LUNCH Pancakes, Yogurt, and Tater Tots	NUGGET DAY Chicken Nuggets with Knish & Carrots	MAC & CHEESE Mac & Cheese with Lettuce, Tomato, Cucumber & Chips
	AUGUST 5	AUGUST 6	AUGUST 7	AUGUST 8	AUGUST 9
WEEK SAUGE	SPAGHETTI & MEATBALLS Spaghetti & Meatballs with Garlic Bread, Cucumber, Lettuce, and Tomato	CHICKEN SANDWICH Breaded Chicken Sandwich, Chips, and Carrots	THE BAGEL BIN Bagels with Butter, & Cream Cheese, Yogurt, Cucumbers, Baby Corn, and Peppers	GRILLED CHEESE Grilled Cheese Sandwich, Chips, and Baby Corn	CAMP FAVORITE Baked Ziti with Garlic Bread, Cucumber, Tomato & Lettuce
9	AUGUST 12	AUGUST 13	AUGUST 14	AUGUST 15	AUGUST 16
WEEK 7 AUG 12 - AUG 16	PIZZA DAY Pizza Bagels and Broccoli	MEATBALL HERO Meatball Hero and Green beans	GRILLED CHEESE Grilled Cheese Sandwich, Chips, and Baby Corn	NUGGET DAY Chicken Nuggets with Mashed Potatoes, & Carrots	MAC & CHEESE Mac & Cheese with Lettuce, Tomato, Cucumber & Chips
	AUGUST 19	AUGUST 20	AUGUST 21	AUGUST 22	AUGUST 23
WEEK 8 AUG 19 - AUG 23	THE DELI COUNTER Cold Cuts (Turkey & Salami) with Cucumber, Tomato, Lettuce & Chips	SPAGHETTI & MEATBALLS Spaghetti & Meatballs with Garlic Bread, Cucumber, Lettuce, and Tomato	THE BAGEL BIN Bagels with Butter, & Cream Cheese, Yogurt, Cucumbers, Baby Corn, and Peppers	GRILLED CHICKEN Grilled Chicken, Orzo, and Carrots	CAMP FAVORITE Baked Ziti with Garlic Bread, Cucumber, Tomato & Lettuce

AVAILABLE DAILY: Plain Pasta, Tuna, Wow Butter, Jelly, Salad Bar with Mixed Greens, Cucumbers, Tomatoes, Baby Corn, Peppers, Ranch, Italian, Russian and Caesar Dressings.